



Member Agreement for Peer Support Circle Members

This Agreement is to be signed by each Circle member and shared with all other members.

By signing this Agreement, I commit to:

1. **Attendance** – Make every effort to attend all of our Circle meetings, including to:
 - a) Work hard to make time on my calendar to schedule Circle meetings.
 - b) Notify fellow Circle members beforehand if I cannot attend a Circle meeting.
2. **Confidentiality** – Follow my Circle’s ground rules, including that of confidentiality. I will never share information outside my Circle about what another member of my Circle works on or does in our Circle meeting.
3. **Communication** – Respectfully communicate with others in my Circle, including to:
 - a) Closely listen to them.
 - b) Avoid interruptions unless needed to clarify what another member is saying.
4. **Helping fellow Circle members** – Fully attend to helping members, including to:
 - a) Closely listen to them during meetings.
 - b) Offer useful questions, feedback and materials to help them during and between meetings.
5. **Seeking help from Circle members** – In each meeting, describe a current and important priority of mine to fellow members, and consider the help offered by each member.
6. **Focusing on learning --** Continually attend to the learning of myself and fellow members by acknowledging occurrence of new:
 - a) Knowledge
 - b) Insights
 - c) Skills
 - d) Capabilities
7. **Maintaining a high-quality Circle** – Share my opinion about the quality of our meeting’s process, agenda, facilitation, technologies, environment, etc., and how they could be improved.

Name: _____ Date: _____