Member Agreement for
Peer Support Circle Members

This Agreement is to be signed by each Circle member and shared with all other members.

By signing this Agreement, I commit to:

1. **Attendance** – Make every effort to attend all of our Circle meetings, including to:
   a) Work hard to make time on my calendar to schedule Circle meetings.
   b) Notify fellow Circle members beforehand if I cannot attend a Circle meeting.

2. **Confidentiality** – Follow my Circle’s ground rules, including that of confidentiality. I will never share information outside my Circle about what another member of my Circle works on or does in our Circle meeting.

3. **Communication** – Respectfully communicate with others in my Circle, including to:
   a) Closely listen to them.
   b) Avoid interruptions unless needed to clarify what another member is saying.

4. **Helping fellow Circle members** – Fully attend to helping members, including to:
   a) Closely listen to them during meetings.
   b) Offer useful questions, feedback and materials to help them during and between meetings.

5. **Seeking help from Circle members** – In each meeting, describe a current and important priority of mine to fellow members, and consider the help offered by each member.

6. **Focusing on learning** – Continually attend to the learning of myself and fellow members by acknowledging occurrence of new:
   a) Knowledge
   b) Insights
   c) Skills
   d) Capabilities

7. **Maintaining a high-quality Circle** – Share my opinion about the quality of our meeting’s process, agenda, facilitation, technologies, environment, etc., and how they could be improved.

Name ___________________________________________ Date ____________________